



**Who:** You! All M.C. Dean employees and their families/friends are invited to sign up and participate

**What:** Relay For Life of Reston

**When:** May 14<sup>th</sup>, 2011 at 1:00pm - May 15<sup>th</sup>, 2011 at 8:00am

**Where:** South Lakes High School, Reston, VA

Relay For Life is an overnight walk held to raise funds for and awareness about the fight against cancer. Teams of people sign up and participate by taking turns walking around the track throughout the night. Our goal is to have 100 employees sign up and raise \$10,000+. All it takes is a \$10 sign-up fee and you're officially a Relayer, helping make a difference! Each participant on **Team Dean** will receive a special t-shirt for the event, so sign up today!

#### **Are you a cancer survivor or caregiver?**

Then you're invited to the Survivor's Luncheon on May 14th at 11am at South Lakes High School. Please RSVP to [angela@thecochranclan.com](mailto:angela@thecochranclan.com) if you plan to attend. Survivors can also sign up to attend Relay for free, and be honored during the kickoff lap of the Relay. A Survivor Hospitality tent will be on the track for the duration of the event where survivors can grab a bite to eat, do some activities, or take a quick rest.

#### **Unable to attend the event, but still want to contribute?**

Email [relay-for-life@mcdean.com](mailto:relay-for-life@mcdean.com) to make a donation that will be deducted from your paycheck or go to the website to donate to our team. Be on the lookout for upcoming fundraisers for **Team Dean** that you can participate in as well – visit the website and keep an eye out for Foundation emails for more information.

We're also looking for raffle and silent auction items for **Team Dean** – if you have something you would like to donate to benefit **Team Dean**, please email [relay-for-life@mcdean.com](mailto:relay-for-life@mcdean.com).

#### **Questions? Want more information?**

Email [relay-for-life@mcdean.com](mailto:relay-for-life@mcdean.com) or go to <http://main.acsevents.org/goto/TeamDean> or [www.restonrelay.org](http://www.restonrelay.org).